

## Behavioral Hospital of Longview

*Specializing in the Treatment of Mental  
Health and Substance Abuse*

# DUAL DIAGNOSIS PROGRAM

Helping Individuals Choose The Right Path To Recovery



The Behavioral Hospital of Longview's Dual Diagnosis Program offers treatment to men and women, ages 18 and older, who are suffering from drug and/or alcohol abuse with a co-occurring psychiatric illness in both an inpatient and partial hospitalization setting. The program is designed for individuals who have a substance/alcohol abuse problem and are exhibiting one or more of the following symptoms:

- Mood Disorders
- Depression
- Phobias
- Obsessive/Compulsive Behavior
- Prescription Medication Abuse
- Post Traumatic Stress Disorder
- Depression due to Chronic Pain
- Bipolar Disorder
- Anxiety
- Panic Attacks

With this in mind, the Behavioral Hospital of Longview offers a comprehensive treatment program in a tranquil, nurturing, retreat-like environment. Each patient's treatment is individually designed to meet their specific needs to promote long term recovery.

The Behavioral Hospital of Longview Dual Diagnosis Program provides the highest quality assessment, diagnosis, stabilization and treatment for adults over the age of 18 with psychiatric illnesses and chemical dependency problems which require inpatient or partial hospitalization. Treatment is provided for our patients with kindness, empathy, dignity and respect at all levels in the continuum of care in order to maximize the individual's ability to achieve successful lifelong mental and emotional health.

Our multi-disciplinary team made up of a psychiatrist, social workers, mental health therapists, nurses and other unit staff, assess, evaluate and treat each individual patient's physical, social, mental and emotional health.

Treatment modalities consist of:

- |                             |                          |                                          |
|-----------------------------|--------------------------|------------------------------------------|
| - Detoxification            | - Psychiatric Assessment | - Medication Evaluation and Management   |
| - Group Psycho-Therapy      | - Family Education       | - Neuro-Psychology Testing and Treatment |
| - Nutritional Consultations | - Recreational Therapy   | - Illness Education                      |
| - 12 Step Programs          | - Relapse Prevention     | - Links to Community Based Services      |

Planning for discharge, be it a return to a home environment, 1/2 Way House, long term treatment or an alternate living arrangement, begins on the day of admission. Social workers and the treatment team help to make the transition to community living a safe and seamless experience.

**For a free, confidential assessment, call 866-977-3456**  
**Medicare, Self Pay and most HMO's & PPO's accepted**

The Behavioral Hospital of Longview is State Licensed and Medicare Certified  
22 Bermuda Lane, Longview, TX 75605  
(903) 291-3456 or Toll-Free 866-977-3456